

Plus One programme

For those students who have opted to take three A Levels, or those who drop their fourth A Level at October half term, they will automatically be enrolled in our Plus One programme.

This is designed to provide each student with a range of enrichment activities and opportunities across three strands. Lessons will be timetabled for these activities, and students will be required to undertake all three strands. See example timetable below.

The **academic** enrichment will involve a lesson each week dedicated to work on an EPQ research project in the form either of an essay or an artefact. This project can be focused on any topic that interests the student, and when complete, will provide a qualification valued by universities, and which delivers UCAS points. *(There will also be opportunity for those studying four A Levels to undertake an EPQ.)*

Plus One students will also have lessons dedicated to acquiring and practising IT and key study skills.

The **super-curricular** enrichment strand incorporates weekly involvement in student-run societies across a wide range of options – from Law and Medicine Societies to Craft and Foreign Film societies. There is scope for students to establish and run their own societies within this session. There will also be time set aside for wider reading around subject specialisms to help develop the fund of wider academic reading so important in university applications.

Finally, students will be expected to undertake a set number of hours of **co-curricular** enrichment activities each week, which can include volunteer work (either within school or in the wider community); contribution to school activities such as drama, music, sport, Young Enterprise, Duke of Edinburgh etc. or leadership work such as mentoring and supporting younger students, helping to organise and run house activities etc.

We anticipate that this programme will offer our Lower Sixth students valuable opportunities to gain new skills and qualifications, and to engage fully in the life of the community around them.

SAMPLE TIMETABLE

	AM REG. 8.50	Period 1 9.15 – 9.50	Period 2 9.50 – 10.30	Period 3 10.30 - -11.10	Break	Period 4 11.30 – 12.05	Period 5 12.05 – 12.50	Lunch	PM REG	Period 6 1.55 – 2.35	Period 7 2.35 – 3.15	Period 8 3.15 – 3.55
Mon	Assembly	Subject 1		Subject 2		Subject 3						Subject 1
Tues	Form Time	Plus One Volunteering	Plus One Contribution	Plus One Co-curricular		Subject 1				Subject 2	Private Study	
Wed	Assembly	Subject 3		Subject 2		Plus One EPQ				Student Societies	Enrichment	
Thurs	Form Time	Subject 2				Plus One IT/Study Skills	Private Study			Subject 1	Subject 3	Private Study
Fri	Assembly	Subject 3		Plus One Private Study		Enrichment				Subject 2		Subject 1