



Ripon Grammar School

Engineering Specialism within a Grammar School



Dear Parents

As part of the Key Stage 3 PSHCEe programme we are about to start a series of lessons entitled 'Personal Wellbeing' which includes lessons on sex and relationships.

There is considerable evidence to show that educating young people about relationships and sexual health, both at school and at home, helps students to make informed decisions about their future behaviour.

The lessons are planned using national guidance as the framework and aims to help children develop an understanding of:

- the values of respect for self and respect for others (1st, 2nd and 3rd year lessons)
- the physical and emotional benefits of good personal relationships (1st, 2nd and 3rd year lessons)
- the risks and consequences of early sexual experiences, unintended pregnancies and STIs. (3rd year lessons)

Our aim is to improve young people's knowledge about relationships and encourage them to resist the many pressures to have sex. It also provides information and advice for young people before they become sexually active.

RGS are supported in these lessons by specialists such as the School Health Worker, the Healthy Child service and Fresh Knowledge. On Thursday 30 June staff from the Leeds based Fresh Knowledge organisation will be in school working with each 3rd year form group considering issues such as the risks and consequences of early sexual experiences, including STIs.

If you would like any further information regarding this work do not hesitate to get in touch.

Yours sincerely

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Head of PSHCEe

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