

# Lunch

Week One September to December

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Chicken Tikka Masala Channa Saag	Beef Barbacoa Mexican Vegetable & Bean Burrito	Pasta in Carbonara Sauce Mushroom & Parmesan Risotto	Piri Piri Chicken Thigh Caramelised Red Onion & Feta Tart	Southern Fried Chicken Goujons Spicy Bean Burger
Sides	Pilau Rice Naan Bread Cauliflower Green Beans	Tortilla Chips Roast Sweetcorn & Peppers Salsa & Guacamole	Cheesy Garlic Bread Italian Salad Lemon & Garlic Broccoli	Roast Potatoes Parsley Carrots Savoy Cabbage	Chips Coleslaw Baked Beans BBQ Sauce
Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
Dessert	Lemon Syrup Sponge & Custard	Banoffee Pie	Cornflake Tart with Custard	Rocky Road	Vanilla Chocolate Marble Cake

## Chilled Goods

Sandwiches, Baguettes,  
Pasta Pots, Drinks, Jelly  
& Mousse Pots

## Jacket Potato Bar

Jacket Potatoes with  
Beans, Cheese & Salad

## Baked Goods

Cookies, Flapjack,  
Muffins, Shortbread,  
Doughnuts

## Fruit Bar

A selection of Fresh  
Fruit & Fruit Salad Pots