

Lunch



PROUDLY FOUNDED BY
 **LODESTONE
HOUSE**

Week One

Monday

Beef Bolognaise with Pasta
Lentil Ragu with Courgettes with Pasta

Herby Garlic Bread
Roast Sweetcorn with Peppers
Italian Salad

Persian Potato Salad, Crispy Chickpeas
& Grilled Courgettes
English Garden & Giant Pearled Cous
Cous
Tuscan Bean Salad

Orange Drizzle with Cream

Tuesday

Chicken Korma
Roast Cauliflower & Chickpea Korma

Pilau Rice
Lemon & Garlic Broccoli
Garden Peas
Mango Chutney & Mint & Cucumber
Raita

Roasted Butternut Squash & Chickpea
Salad with Sun-Dried Tomatoes & Feta
Green Lentil Lemon Rocket & Heritage
Tomato Salad
Spiced Aubergine with Roasted Onions
Chilli & Mint

Mango Fool with Meringue & Compote

Wednesday

Korean Glazed Pork Loin
Thai Green Vegetable Curry

Steamed Noodles
Soy Glazed Carrots
Green Beans with Lemon Butter
Sweet Chilli Sauce

Italian Pasta Salad
Rainbow Slaw with Jerk Spiced Black
Bean & Pineapple Salsa
Green Lentils Cumin Roasted Carrot &
Broccoli with Mint

Golden Syrup & Apple Sponge with
Custard

Thursday

Spanish Chicken with Cumin & Paprika
Vegetable Valencian Paella

Roasted New Potatoes with Garlic &
Rosemary
Steamed Broccoli
Roasted Peppers with Courgettes
Tomato Sauce

Greek Salad
Lentil, Chargrilled Aubergine & Tomato
Salad
Butterbeans with Sweet Chilli Sauce
and Fresh Herbs

Banana & Caramel Traybake

Friday

Battered Fish
Sweet Potato & Bean Burger

Garden Peas
Baked Beans
Chips
Chip Shop Curry Sauce

Crushed Pea Mint & Charred Courgette
Garlic Chive Oil Bulgurwheat Salad
Sweet Sticky Parsnip Salad
Spelt Grain, Roasted Aubergine &
Caramelised Shallot Salad

Lemon Cheesecake

Daily Specials

Selection of Freshly Made Soups, Home-baked
Bread & Jacket Potatoes with a Choice of Toppings.

Pasta Bar

Wholemeal Pasta, Tomato Sauce, Pesto & Parmesan
with an Extra Sauce Every Day.

Salads

Selection of Freshly made, Sustainable Composite
Salads & Variety of Raw Vegetables, Grains, &
Proteins.

Chilled Desserts

Dessert Pots, Yoghurts, Selection of Fresh Fruit.

Mains

Sides

Salads

Desserts

Daily Options

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Week Two

Monday

Sweet & Sour Chicken
Sweet & Sour Vegetables

Lime & Coriander Rice
Prawn Crackers
Soy Glazed Carrots
Broccoli

Coronation Potato Salad
Minted Cous Couse Pea & Spring Onion Salad
Mixed Bean Salad

Lebanese Honey Cake with Cream

Tuesday

Chicken Pesto Carbonara
Courgette & Parmesan Risotto

Herby Garlic Bread
Sweetcorn
Italian Salad

Caraway Roasted Carrot Beetroot Chickpeas & Honey Salad
Herb Cous Cous with Radishes Olives & Baby Spinach
Pickled Cucumber Salad with Chilli

Apple & Blackberry Pie with Custard

Wednesday

Calabrian Chilli Pulled Pork
BBQ Pulled Jackfruit

Tortilla Nachos
Chipotle Sweetcorn
Greek Salad
Tortilla Wrap
Salsa, Guacamole, Sour Cream

Bulgur Wheat & Balsamic Beets with Toasted Seeds
Rainbow Slaw with Jerk Spiced Black Bean & Pineapple Salsa
Savoury Rice Salad

White Chocolate & Raspberry Blondie

Thursday

Beef & Mushroom Casserole
Cheesy Vegetable Hotpot

Mashed Potatoes
Roast Carrots
Braised Red Cabbage
Onion Gravy

Jicama Root Salad
Italian Pasta Salad
Sweetcorn & Red Kidney Salad

Ginger Sponge with Custard

Friday

Battered Fish
Homemade Quorn Sausage Roll

Peas
Baked Beans
Chips
Chip Shop Curry Sauce

Green Pesto Pasta Salad Bocconcini & Olives
Szechuan Coleslaw
Potato Salad with Sour Cream

Banana Cream Pie

Daily Specials

Selection of Freshly Made Soups, Home-baked Bread & Jacket Potatoes with a Choice of Toppings.

Pasta Bar

Wholemeal Pasta, Tomato Sauce, Pesto & Parmesan with an Extra Sauce Every Day.

Salads

Selection of Freshly made, Sustainable Composite Salads & Variety of Raw Vegetables, Grains, & Proteins.

Chilled Desserts

Dessert Pots, Yoghurts, Selection of Fresh Fruit.

Mains

Sides

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Week Three

Monday

Beef Chilli Con Carne
Bean & Vegetable Con Carne

Roast Sweetcorn & Peppers

Italian Salad

Mexican Rice

Asian Mango Slaw

Guacamole, Salsa, Sour Cream

Kale & Crunchy Raw Salad

Chickpea, Aubergine with Cumin
Paprika & Parsley

Potato & Chive Salad

Courgette Lemon Drizzle Cake with
Cream

Tuesday

Pork & Leek Sausages
Vegetarian Lancashire Hot Pot

Mashed Potatoes

Parsley Carrots

Sauté Cabbage

Onion Gravy

Roasted Butternut Squash & Chickpea
Salad with Sun-Dried Tomatoes & Feta

Green Lentil Lemon Rocket & Heritage
Tomato Salad

Pearl Barley

Chocolate Orange Brownie Tart

Wednesday

Chicken Tikka
Chana Masala Potato Curry

Pilau Rice

Broccoli

Roast Root Vegetables

Mint Raita

Beetroot Spelt Grain & Spinach Salad

Charred Corn Slaw & Spring Onion
Salad

Rice Salad

Coconut & Pineapple Custard Tart

Thursday

Roast Pork Loin
Roasted Vegetable & Butterbean
Crumble

Roast New Potatoes with Garlic &
Rosemary

Garden Peas

Roast Carrots

Onion Gravy

Curried Chickpea & Roasted
Cauliflower Salad with Baby Spinach &
Coriander

Puy Lentil Salad

Black Bean Quinoa & Lime Salad

Banana Cake with Custard

Friday

Maple BBQ Chicken
Buffalo Fried Cauliflower

Chips

Baked Beans

Green Beans with Lemon Butter

Italian Salad

Crushed Pea Mint & Charred Courgette
Garlic Chive Oil Bulgurwheat Salad

Sweet Sticky Parsnip Salad

Spelt Grain, Roasted Aubergine &
Caramelised Shallot Salad

Cherry & Apple Crumble with Cream

Daily Specials

Selection of Freshly Made Soups, Home-baked
Bread & Jacket Potatoes with a Choice of Toppings.

Pasta Bar

Wholemeal Pasta, Tomato Sauce, Pesto & Parmesan
with an Extra Sauce Every Day.

Salads

Selection of Freshly made, Sustainable Composite
Salads & Variety of Raw Vegetables, Grains, &
Proteins.

Chilled Desserts

Dessert Pots, Yoghurts, Selection of Fresh Fruit.

Mains

Sides

Salads

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