











	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	JERK CHICKEN	SAUSAGES IN GRAVY Gluten, Sulphites	HONEY ROAST HAM	CHILLI CON CARNE	CHICKEN BURGER IN A BUN WITH CHEESE Gluten, Dairy
FEATURE					
VEGGIE MAIN	VEGETABLE SPRING ROLL Gluten, Soya	VEGGIE SAUSAGES IN GRAVY Gluten, Sulphites	FETA & CARAMELISED FILO PARCEL Gluten, Dairy	MIXED BEAN CHILLI CON CARNE Gluten	CHEESE & LEEK FRITTER Gluten, Dairy, Egg
SIDES	SPICY RICE VEG OF THE DAY	MASHED POTATOES VEG OF THE DAY	ROAST POTATOES VEG OF THE DAY	STEAMED RICE VEG OF THE DAY	CAJUN WEDGES BAKED BEANS GARDEN PEAS
HOT GRAB & GO	BOX MEAL OF THE DAY HOT SANDWICH OF THE DAY	BOX MEAL OF THE DAY HOT SANDWICH OF THE DAY	BOX MEAL OF THE DAY HOT SANDWICH OF THE DAY	BOX MEAL OF THE DAY HOT SANDWICH OF THE DAY	BOX MEAL OF THE DAY HOT SANDWICH OF THE DAY
DESSERT	ICE CREAM Dairy 	CITRUS SPONGE WITH CUSTARD Gluten, Dairy, Egg 	TOFFEE CHEESECAKE Gluten, Dairy 	APPLE PIE WITH CUSTARD Gluten, Dairy 	LEMON MERINGUE PIE WITH CREAM Gluten, Dairy, Egg 

AVAILABLE DAILY: JACKET POTATOES WITH FILLINGS, SANDWICHES, WRAPS, BAGUETTES, COLD DRINKS, FRUIT POTS, CAKES, FRESH FRUIT & COLD SNACKS

For those with special dietary requirements or allergies who may wish to know about the food or drink ingredients used, please ask for a manager.