



Lunch

Week One April to July

Enter text here

PROUDLY NOURISHED BY



LODESTONE HOUSE



Monday

Mains

Chilli Beef
Mixed Bean and Vegetable Chilli

Sides

Mexican Yellow Rice
Pico De Gallo
Chipotle Corn
Sour Cream and chive Dip
Garlic Green Beans

Salad

Persian Potato Salad, Crispy Chickpeas & Grilled Courgettes

English Garden & Giant Pearled

Cous Cous

Tuscan Bean Salad

Desserts

Banana and Caramel Tray Bake

Jelly Pot

Tuesday

Harissa and Preserved Lemon Chicken
Harissa Vegetable Mince and Sweet Potato Khobez

Roasted Peppers and Courgettes

Spiced Cauliflower

Rosemary Roasted New Potatoes

Garlic Yogurt
Roasted Butternut Squash & Chickpea Salad with Sun-Dried Tomatoes & Feta

Green Lentil Lemon Rocket & Heritage Tomato Salad

Spiced Aubergine with Roasted Onions Chilli & Mint

Lebanese Honey Cake

Jelly Pot

Wednesday

Beef Lasagne
Vegetable Lasagne

Garlic and Herb Bread Wedge

Lemon Butter Green Beans

Steamed Broccoli

Italian Salad

Pasta & Mixed Beans in a Pesto Dressing

Rainbow Slaw with Jerk Spiced Black Bean & Pineapple Salsa

Green Lentils, Cumin Roasted Carrot & Broccoli with Mint

Lemon Syrup Sponge

Custard

Jelly Pot

Thursday

BBQ Chicken Breast
Chana Masala

Lime and Coriander Rice

Cajun Roast Corn

Red slaw

Chop Chop Salad

Greek Style White Bean Salad with Red & Yellow Cherry Tomatoes, Pickled Red Onion, Rocket, Dill & Oregano

Lentil Chargrilled Aubergine Tomato Salad

Butterbeans with Sweet Chilli Sauce & Fresh Herbs

Banoffee Pie

Jelly Pot

Friday

Battered Fish
Vegetarian Sausage Roll

Peas

Baked Beans

Chips

Chip Shop Curry Curry Sauce

Crushed Pea Mint & Charred Courgette Garlic Chive Oil
BulgurWheat Salad

Sweet Sticky Parsnip Salad

Spelt Grain, Roasted Aubergine & Caramelised Shallot Salad

Sticky Toffee Sponge

Jelly Pot

Daily Options

Daily Specials

Selection of Freshly Made Soups, Home-baked Bread & Jacket Potatoes with a Choice of Toppings.

Pasta Bar

Wholemeal Pasta, Tomato Sauce, Pesto & Parmesan with an Extra Sauce

Every Day.

Salads

Selection of Freshly made, Sustainable

Composite Salads & Variety of Raw Vegetables, Grains, & Proteins.

Chilled Desserts

Dessert Pots, Yoghurts, Selection of Fresh Fruit.



Lunch

Week Two April to July

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PROUDLY NOURISHED BY



LODESTONE HOUSE



Monday

Chicken Madras
Potato and Lentil Curry

Pilau Rice
Roasted Cauliflower
Spiced Butternut Squash
Green Chutney

Eetroot, Spelt Grain, Burnt
Onion, Spinach & Tarragon
Dressing

Korean Style Roasted Broccoli,
Mushroom & Lentil with
Sesame & Kimchi

Cauliflower Potato & Pesto
Salad

Mango Fool with Meringue and
Mango Coulis
Jelly Pot

Tuesday

Chicken and Tomato Pasta Bake
Homemade Ratatouille

Wholewheat Pasta
Garlic Slice
Italian Salad
Lemon Broccoli & Peas

Classic Greek Salad

Turkish Chickpea Aubergine
Salad Spiced with Cumin
Paprika
Parsley & Dill

Crushed Pea Mint & Charred
Courgette Salad

Coconut Rice Pudding with
Summer Fruit Compote
Jelly Pot

Wednesday

Lemon and Thyme Roasted
Chicken Thigh
Butternut and Feta Bake

Sage & Onion Stuffing
Glazed Carrots
Onion Gravy
Roasted New Potatoes
Kale and Cabbage

Harissa Spiced Squash, Kale,
Green Apple, Red Quinoa &
Toasted Seeds

Cannellini Bean Cherry Tomato
& Rosemary Salad

Coronation Cauliflower Diced
Pineapple & Spicy Chilli Salad

Raspberry Bakewell Tart
Jelly Pot

Thursday

BBQ Pulled Pork
Mixed Bean Burrito

Nachos
Chipotle Corn
Roasted Vegetable Medley
Sorcream and Chive
Pico De Gallo

Tomato Rocket & Italian Cheese

Salad

Italian Pasta Salad

Sweetcorn & Red Kidney Bean
Salad

Banana Bread with Fudge Icing
Jelly Pot

Friday

Wow Butter Chicken Katsu
Sweet Potato Bean Burger

Coconut Sticky Rice
Mango Slaw
Chips
Peas

Roasted Peppers, Onions &
Aubergine Salad with Pasta

Beetroot Fennel & Feta Salad

Mexican Bean Tomato &
Coriander Salad

Biscoff Cheesecake
Jelly Pot

Daily Specials

Selection of Freshly Made Soups,
Home-baked Bread & Jacket Potatoes
with a Choice of Toppings.

Pasta Bar

Wholemeal Pasta, Tomato Sauce,
Pesto & Parmesan with an Extra Sauce
Every Day.

Salads

Selection of Freshly made, Sustainable
Composite Salads & Variety of Raw
Vegetables, Grains, & Proteins.

Chilled Desserts

Dessert Pots, Yoghurts,
Selection of Fresh Fruit.

Daily Options

Mains

Sides

Salad

Desserts



Lunch

Week Three April to July

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PROUDLY NOURISHED BY
 **LODESTONE HOUSE**

Monday

Mains
Cape Malay Chicken Curry
Pad Ped Jey Thia Vegetable Stir Fry

Sides
Soy Carrots
Sautéed Savoy Cabbage with Sesame
Lime and Coriander Rice

Salad
Pickled Watermelon Smashed Cucumber Mint & Feta Salad

Crunchy Cabbage, Carrot, Pepper, Onion, Coriander, Chill & Lime Peruvian Slaw

Chickpea Beetroot & Avocado Salad Box with Roasted Butternut Squash

Desserts
Raspberry and Lemon Crumble Cake
Jelly Pot

Tuesday

Bacon Carbonara
Mushroom and Parmesan Risotto

Roasted Peppers & Courgettes
Broccoli with Lemon
Garlic Bread
Chop Chop Salad

Quinoa Supercauli Salad Coriander Dressing

Giant Cous Cous with Lemon 7 Herbs

Sweetcorn & Red Kidney Bean

Summer Fruit Trifle

Jelly Pot

Wednesday

Buffalo Chicken
Homade Sweet Potato Falafel

Cajun Corn Cob
Southern Slaw
Wilted Greens

Oven Roasted Seasoned wedges
Black Bean Quinoa & Lime Salad

Roast Sweet Potato Kale Salad with Vegan Dressing

Lentil/Beetroot/Orange

Lemon Cheesecake

Jelly Pot

Thursday

Pork and leek sausage
Quorn Sausage

Creamy Mash Potatoes
Roasted Root Vegetables
Sautéed Cabbage and peas
Onion Gravy

Aubergine & Lentil Salad

Mediterranean Potato Salad

Popped Blackbean with Raw Roots Chipotle & Avocado Salad

Steamed Chocolate Sponge

Custard
Jelly Pot

Friday

Battered Fish
Quorn Dippers

Peas
Baked Beans
Chips

Chip shop Curry Sauce

Curried Chickpea & Roasted Cauliflower Salad with Baby Spinach & Coriander

Brown Rice, Avocado & Saffron Yoghurt

Zero Waste Cauliflower Tabbouleh

Cornflake Tart

Custard
Jelly Pot

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Selection of Freshly Made Soups, Home-baked Bread & Jacket Potatoes with a Choice of Toppings.

Pasta Bar

Wholemeal Pasta, Tomato Sauce, Pesto & Parmesan with an Extra Sauce
Every Day.

Salads

Selection of Freshly made, Sustainable Composite Salads & Variety of Raw Vegetables, Grains, & Proteins.

Chilled Desserts

Dessert Pots, Yoghurts, Selection of Fresh Fruit.

Daily Options