

## Plus One Programme

For those students who have opted to take three A Levels, or those who drop their fourth A Level at October half term, they will automatically be enrolled in our Plus One Programme.

This is designed to provide each student with a range of enrichment activities and opportunities across three strands. Lessons will be timetabled for these activities.

### **1. Academic**

**Research Skills** – Some lessons will be dedicated to helping students develop essential research skills, including an introduction to text and online resources, effective research methods, referencing styles and methods and how to incorporate academic research into your own writing. Additionally, there will be regular sessions with our Careers staff to explore possible routes and opportunities beyond school.

Alongside the study skills session, there will be a weekly timetabled lesson focused on an Extended Project Qualification in the form either of an essay or an artefact. The EPQ project can be focused on any topic that interests the student, and when complete, will provide a qualification valued and recognised by universities, and which delivers UCAS points. (There will also be opportunity for those studying four A Levels to undertake an EPQ).

**ICT Skills** – Some of the timetabled lesson each week are dedicated to acquiring and practicing IT skills. Students will have the option to take the ICDL in Word Processing, Presentation and Spreadsheet units (formerly ECDL) qualification There are also opportunities such as online Digital Marketing courses available.

### **2. Super Curricular**

This section of the Plus One incorporates weekly involvement in student-run societies across a wide range of options – from Law and Medicine Societies to Craft and Foreign Film societies. There is scope for students to establish and run their own societies within this session. There will also be time set aside for wider reading around subject specialisms, to help develop the academic reading or research into other opportunities Post 18 such as apprenticeships or gap years. Students will complete a range of MOOCS (massive open online courses) relative to their future career aspirations. Students will also have the opportunity to enter competitive universities essay competitions and challenges as a way of delving deeper into a specific subject and to give students something to help them stand out in their applications.

### **3. Co-curricular**

This section will involve students undertaking a set number of hours of co-curricular enrichment activities each week. These may include:

- approved and monitored **volunteer** work (either within school or in the wider community)
- approved and monitored regular work experience opportunities
- **contribution** to activities within or outside school such as drama, music, sport, Young Enterprise, Duke of Edinburgh
- **leadership** work such as mentoring and supporting younger students, coaching younger students within or outside school, leading societies or activities
- helping to **organise** and run house or other activities

This programme will offer our Lower Sixth students valuable opportunities to gain new skills and qualifications, enhance and demonstrate skills and personal qualities for a CV or university applications and to engage fully in the life of the community around them.