



TEATIME WEEK 3

WEEK COMMENCING: 16th Sep, 14th Oct, 11th Nov, 9th Dec

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	<p>BEEF PIE WITH PUFF PASTRY LID Gluten, Egg</p>	<p>PORK MEATBALLS WITH TOMATO & BASIL SAUCE & SPAGHETTI Gluten</p>	<p><u>JAMAICAN THEME:</u> JERK CHICKEN</p>	<p>GARLIC & HERB GRIDDLED CHICKEN</p>	<p>HOMEMADE BEEF BURGER WITH RELISH Gluten</p>
FEATURE					
VEGGIE MAIN	<p>CHEESE & ONION PIE Milk, Gluten, Egg</p>	<p>VEGETARIAN MEATBALLS WITH CREAMY MUSHROOM SAUCE & SPAGHETTI Milk, Gluten</p>	<p>JERK PULLED JACKFRUIT & PEPPER</p>	<p>ROAST PEPPER, ONION & GOATS CHEESE TART Gluten, Milk</p>	<p>FALAFEL & SPINACH BURGER WITH RELISH Gluten</p>
SIDES	<p>PAPRIKA ROAST POTATOES VEG OF THE DAY</p>	<p>GARLIC BREAD (Gluten) VEGETABLES OF THE DAY</p>	<p>COCONUT RICE & PEAS CARRIBEAN SLAW CORN ON THE COB JAMAICAN SIDES & SAUCES</p>	<p>PARMENTIER POTATOES VEG OF THE DAY</p>	<p>SEASONNED NEW POTATOES COLESLAW (Egg) BEANS TOSSED SALAD</p>
DESSERT	<p>CHURROS Gluten, Egg, Dairy, Soya</p> 	<p>FRUIT KERBABS WITH YOGHURT Dairy</p> 	<p>JAMAICAN TOTO CAKE Gluten, Egg, Milk</p> 	<p>COOKIE DOUGH Gluten, Dairy, Soya</p> 	<p>STICKY TOFFEE PUDDING Gluten, Egg, Dairy</p> 

AVAILABLE DAILY: JACKET POTATOES WITH FILLINGS & SALAD BAR

For those with special dietary requirements or allergies who may wish to know about the food or drink ingredients used, please ask for a manager.