

Topic MAP	HT1	HT2	HT3	HT4	HT5	HT6
Y7	7.1 Being happy and healthy: SELF CARE	7.2 Being safe: PUBLIC SAFETY	7.3 Being an adult: THE WORLD AROUND US	7.4 Being happy and healthy: FEELINGS AND CHALLENGES	7.5 Being safe: FRIENDSHIPS	7.6 Being an adult: OUR BODIES
	food, sleep, activity, kindness, community, friends, hobbies, skills, emotions, zones	first aid, CPR, road, water, rail safety, public spaces, peer pressure and consent	democracy and equality, human rights, managing emotions in news	mental health, challenges and growth mindset, kinds of abuse, normal feelings, report abuse online	bullying, peer pressure, changing relationships, consent, online images and the law	puberty, body changes, selecting info online for medical
Y8	8.1 Being happy and healthy: SEXUAL HEALTH	8.2 Being safe: RELATIONSHIPS	8.3 Being an adult: FAMILIES	8.4 Being happy and healthy: RISKS AND CHOICES	8.5 Being safe: ONLINE SAFETY	8.6 Being an adult: MONEY
	Consent, periods, Pregnancy, STIs,	positive relationships, Forced marriage, FGM, grooming	LGBT rights, different marriages, forced marriages, changing families	Alcohol, nicotine, gambling, risk, altruism, making good choices	online safety, phishing, scams, social media	money, finance, budgets, intro to careers
Y9	9.1 Being happy and healthy: USING THE NHS	9.2 Being safe: THE INTERNET AND ITS IMPACT	9.3 Being an adult: GOOD CITIZENSHIP	9.4 Being happy and healthy: OUR ONLINE PRESENCE	9.5 Being safe: POSITIVE RELATIONSHIPS AND BOUNDARIES	9.6 Being an adult: ADULT LIFE
	using the NHS, recap healthy choices, self care, self-checks, pharmacies, A and E, MIU, Gillick, choosing contraception, CPR and defibs, minor ailments	Deeper understanding of internet: algorithm, cookies, AI, deepfakes, assessing information, impact on democracy and attitudes	democratic rights, next steps to adulthood, being a good passenger, public spaces, knife crime, courts and justice	curating online presence, emotional impact of online lives, influencers, self esteem, respect, managing emotions as we enter GCSE years	positive relationships, ending relationships, spotting problematic attitudes online and in person, asserting boundaries, the law on rape and sex	equality, sexual harassment and the law, workplace rights and responsibilities, making healthy choices (heart health, immunity, vaccinations)

	PSHE1	PSHE2	PSHE3	PSHE 4	PSHE 5
Y10	10.1 Being happy and healthy: leading a healthy life: diet, NHS, gambling, self examination, alcohol, drugs, medicine, organ donation	10.2 Being safe: the media and the law: consent, rape and abuse reporting, stalking, revenge porn, sextortion, upskirting, exploitaton, knives, punches	10.3 Being an adult: marriage, relationships and parenting, forced marriage, attitudes to relationships, protected characteristics, conflict management	10.4 Being happy and healthy: The internet: misinformation, democracy, AI, gambling, suicide, seeking help for mental health, medical online	10.5 Citizenship: democracy, communities and citizens
Y11	11.1 Being happy and healthy: sex education- Prep, STI, contraception, abortion	11.2 Being safe: safer relationships- consent, peer pressure, leaving situations, porn. Preferences ethics	11.3 Being an adult: finances	11.4 Citizenship: the UK, the Commonwealth national and , international law	(on exam leave)