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Ripon Grammar School

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20th March 2019

Third Form PSHCE Programme

Dear Parents,

As part of the Key Stage 3 PSHCE programme we are about to start a series of lessons entitled Personal Wellbeing which includes lessons relationships and sex.

There is considerable evidence that shows that educating young people about relationships and sexual health, both at school and at home, helps students to make informed decisions about their future behaviour.

The lessons are planned using national guidance as the framework and aims to help children develop an understanding of:

- the values of respect for self and respect for others
- the physical and emotional benefits of good personal relationships
- the risks and consequences of early sexual experiences, unintended pregnancies and sexually transmitted infections (STIs).

Our aim is to improve young people's knowledge about relationships and encourage them to make sensible choices. It also provides information and advice for young people before they become sexually active.

On Thursday 13th June staff from the Leeds based Fresh Knowledge organisation will be in school working with each form group considering issues such as the risks and consequences of early sexual experiences, including STIs.

If you would like any further information regarding this part of the programme, do not hesitate to get in touch.

Yours sincerely,

Mrs L Garmory
Head of PSHCEe

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