

Dear Parent / Carer,

During PSHCEe lessons next term your son/daughter will be studying Relationships and Sex Education (RSE).

As a school we are committed to providing all students with a planned Personal, Social, Health, Citizenship, Economic Education (PSHCEe) programme. With our PSHCEe programme, we aim to ensure students learn about the emotional, social and physical aspects of growing up, healthy relationships and keeping themselves safe- both on and offline. Key aspects of this curriculum include:

- families,
- respectful relationships including friendships,
- online interactions and media literacy,
- being safe and intimate and sexual relationships including sexual health.

Teaching staff approach this aspect of the curriculum very sensitively and are aware of how it contributes to students' development.

Our Key Stage 3 curriculum on this topic focuses on

- Year 7: puberty
- Year 8: grooming, media influence and body image
- Year 9: relationships and sex education including consent and contraception

The Government have made Relationships, Sex and Health Education statutory for all schools from September 2020. The Government have produced an information leaflet for parents to explain what the new curriculum consists of and is aiming to achieve. The leaflet can be accessed at:

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/812594/RSE_secondary_schools_guide_for_parents.pdf

Some aspects of this Curriculum are delivered through National Curriculum science and some through the PSHCEe curriculum. Ripon Grammar School's RSE Policy is available online and can be accessed at: [RSE Policy 080321.pdf \(ripongrammar.co.uk\)](#) The policy outlines the school's definitions of Sex and Relationship Education, parental right to withdraw and how the content is delivered across the year groups.

Parents and carers also play a vital role in talking to their child(ren) about this important part of growing up and keeping themselves safe. To help you understand the type of questions children of different ages may ask and how to best respond to them, further information can be obtained from the Family Planning Association website – <https://www.fpa.org.uk/relationships-and-sex-education/parents-and-carers>.

If you have any further questions about Relationship, Sex and Health Education please contact Mrs Mars, Head of PSHCEe on marsh@ripongrammar.com

Yours sincerely ,
Helen Mars (Mrs.)
Head of PSHCEe