

Dear Parents

As part of the Key Stage 3 PSHCEe programme we are about to start a series of lessons entitled Personal Wellbeing which includes lessons on sex and relationships.

There is considerable evidence to show that educating young people about relationships and sexual health, both at school and at home, helps enable students to make informed decisions about their future behaviour.

The lessons are planned using national guidance as the framework and aim to help children develop an understanding of:

- the values of respect for themselves and others
- the physical and emotional benefits of good personal relationships
- the risks and consequences of early sexual experiences, unintended pregnancies and sexually transmitted infections.

Our aim is to improve young people's knowledge about relationships and encourage them to make sensible choices. It also provides information and advice for young people before they become sexually active.

If you would like any further information regarding this work do not hesitate to get in touch.

Yours sincerely

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Head of PSHCEe

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